



Cancer care close to home.

Cancer Program

ANNUAL REPORT - 2015

 FAIRVIEW
RANGE MEDICAL CENTER

Our Commitment to You

Our goal is to provide you with the best possible experience at Fairview Range Medical Center. We strive to exceed your expectations, and we encourage you to be an active participant in your care. We will treat you with courtesy and respect. We will listen carefully to you. We will address your needs. We will respond to your concerns. We will answer your questions to keep you informed. We will provide a safe and clean environment. We will include you and your family in your Plan of Care. We will be sensitive to your cultural needs. We will work together as a team to care for you.



Patrick Sharp, MBA

Thomas Uncini, MD

A message from the Cancer Committee Chair and the Cancer Program Administrator

Fairview Range is proud to provide cancer care close to home. We strive to give hope to every cancer patient who comes through our doors. Local residents do not have to travel hours to a specialized cancer center, as we can diagnose and treat all forms of cancer right here in our own community. Because we are part of the community, our patients can receive personalized care and an unparalleled connection with the providers and staff. Fairview Range serves the community through our full spectrum of cancer services—prevention, diagnosis, treatment, and wellness—to provide our patients with the power of community-based cancer care.

Fairview Range has held accreditation as a Community Cancer Program by the Commission on Cancer (CoC) of the American College of Surgeons (ACS) since 2006. CoC accreditation is a voluntary commitment by a cancer program which ensures patients will have access to a full scope of services required to diagnose, treat, rehabilitate, and support patients with cancer and their families. Accreditation is the hallmark of a program's commitment to patient-centered cancer care. Fairview Range was reaccredited in July 2015 with six commendations. This accreditation demonstrates our commitment to improving survival and quality of life for our cancer patients by meeting the CoC requirements of standard-setting, prevention, research, education, and the monitoring of comprehensive quality care.

We are pleased to once again present the 2015 Annual Report for the Fairview Range Cancer Program. This report contains data from our cancer registry which summarizes the volumes and types of cancers treated at Fairview Range. We have included a special focus on prostate cancer. We hope you find this report helpful and informative. We continue to look to the future and the opportunities ahead as we build on our already strong program and continue to serve the needs of our communities by providing high-quality cancer care close to home.

Thomas Uncini, MD
Cancer Committee Chair
Fairview Range

Patrick Sharp, MBA
Cancer Program Administrator
Chief Operating Officer
Fairview Range

Multidisciplinary Care

The cancer program of Fairview Range Medical Center offers a collaborative approach to cancer care. Developing a patient's optimal treatment often necessitates the opinion and contribution of multiple specialists. Our physicians include surgeons, medical oncologists, and radiation oncologists, all specializing in cancer treatment. Additionally, pathologists and radiologists provide critical information needed to accurately diagnose and

stage cancer to assist in developing individualized patient treatment plans. Other important members of our multidisciplinary team include: oncology nurses, radiation therapists, laboratory technicians, pharmacists, registered dietitians, nurse navigators, social workers, rehabilitation therapists, who, along with our administrative team, are all key contributors to quality patient care.



*Dr. Williams
General Surgery*



*Dr. Hanson
General Surgery*



*Dr. Dahlberg
General Surgery*



*Dr. Althoff
General Surgery*



*Dr. Fredrickson
Otolaryngology (ENT)*



*Dr. Lindholm
Radiation Oncology*



*Dr. Provatas
Medical Oncology/
Hematology*



*Kim Pettinelli, FNP
Medical Oncology*



*Dr. Copeman
Palliative Care Physician*



*Dawn Hayes, RN
Breast Center Nurse
Navigator*



*Shannon Slatten, BSN, RN
Oncology Nurse
Navigator*



*Karly Olson, RN
Oncology*



*Beth Bennett
Health Unit Coordinator*



*Tasha Peliska, RN
Chemotherapy*



*Jeanne Fairbanks, RN
Chemotherapy*



*Brittany Geiselman, RN
Chemotherapy*



*Jacquelyn Haigh,
MSN, RN, ACNS-BC
Cancer Services Manager
Clinic Nurse Manager*

2015 Cancer Committee Members:

Tom Uncini, MD
Pathology and Chairperson

Cheryl Bisping, RN
Community Outreach

Crystal Caudullo, RN
Radiation Therapy

Jeffrey Copeman, MD
Palliative Care Physician

Sheila Doering, BS, RT(R)(T)
Radiation Therapy

Jacquelyn Haigh, MSN, RN, ACNS-BC
Nurse Manager, Fairview Mesaba
Clinics-Hibbing, Nashwauk, Mt. Iron

Sandra Hanson, MD
Surgery

Nancy Hukka, OTR/L
Rehabilitation Services

Barbara Johnson, RHIA, CTR
Cancer Data
Cancer Conference Coordinator

Heidi Lahti, MHA, BSRS
Director of Clinical Support

Paul Lindholm, MD
Radiation Oncology

Shelly Maki, RN
Accreditation Manager

Susan O'Hara, CTR
Cancer Data

Anne O'Keefe
American Cancer Society

Angela Olson, RN
Quality Coordinator

Kim Pettinelli, FNP-BC
Medical Oncology
Clinical Trials Coordinator

Anastas Provasas, MD
Medical Oncology/Hematology
Cancer Liaison Physician

Rebecca Rutherford, MSW
Social Work and Hospice

Jessica Schuster, BS
Marketing & Public Relations

Patrick Sharp, MBA
Sr. Vice President / Chief Operating
Officer

Shannon Slatten, BSN, RN
Oncology Nurse Navigator

Frank Suslavich, MD
Diagnostic Imaging

Neal Walker, RPh
Pharmacist

Stacy Wesley, RN
Quality

Michael Williams, MD
Surgery

Cancer Registry

Cancer is a federally mandated reportable disease, and Fairview Range Medical Center meets their responsibilities by maintaining a cancer registry. The cancer registry is a data system designed to collect, manage, and analyze data on patients whose cancer was either diagnosed or treated at Fairview Range. The careful collection and management of this data by registry staff contributes to treatment planning, continuity of care, administrative planning, and research investigations at the local level. This data also assists in the development of guidelines and standards of practice to benefit future patients, as well as contributes to cancer control planning activities of national professional organizations.

The cancer registry also performs yearly follow-up on the patients who have been diagnosed or treated at Fairview Range. This is accomplished through letters to the attending physicians or patients. This contact serves as a reminder to patients to continue their follow-up exams with their physicians. In order to meet the requirements of the accrediting body, the Commission on Cancer, the registry must maintain current follow-up information on at least 90 percent of all patients diagnosed/treated at Fairview Range within the past five years. The Fairview Range cancer registry has maintained their follow-up rates at 96+ percent, which exceeds the requirements.

Here at Fairview Range Medical Center we provide community education, screenings, and patient and family support. We support a monthly support group as well as a quarterly **Look Good Feel Better** program in conjunction with the American Cancer Society.

Cancer Support Group

This ongoing support group is open to all cancer patients. We gather the fourth Tuesday of every month to discuss the latest treatments, stress management, coping, nutrition, where and how to find resources, and much more.

Where: Fairview Range Radiation Therapy Center
750 E. 34th Street
Hibbing, MN 55746

When: 4th Tuesday of every month

Time: 6 p.m. – 7:30 p.m.

Look Good Feel Better®

Look Good Feel Better is a free program from the American Cancer Society designed for women dealing with hair loss and skin changes from chemotherapy and radiation. You will learn specific techniques to make the most of your appearance while undergoing treatment. You will also receive a makeup package valued at \$200.

Classes held in Hibbing at the Radiation Therapy Center
Fairview Range, 750 E 34th St., Hibbing, MN

Registration is required; please call the American Cancer Society at 1-866-460-6550.

Scheduled dates for 2016:

Jan 11, April 11, July 11, Oct 10

Please visit www.range.fairview.org for additional dates and times related to community education and screening opportunities.

Cancer Conference

Our Cancer Conference is held on the first Tuesday of every month. During Cancer Conference, patient's cancer cases are discussed, enabling the physicians coordinating the patient's treatment to gain input from a number of healthcare professionals who represent a variety of specialties. Recommendations relevant to the patient's care are thoroughly evaluated before a treatment plan is created.

Accreditation

Our program has been accredited by the American College of Surgeons Commission on Cancer since 2006. Accreditation is awarded after a rigorous on-site evaluation and performance review of our program's scope of services, organization, and activity and demonstrates Fairview Range Medical Center's commitment to providing high quality cancer care.

2015 Community Screening, Prevention and Education Programs

SCREENINGS

Each year, the Cancer Committee provides at least one cancer screening program that is targeted to decreasing the number of patients with late stage disease. The program is based on community needs and is consistent with evidence-based national guidelines. A process is in place for follow up of all abnormal results.

PROGRAM

Breast Screening – SAGE Program
Lung Cancer Screening

COMMUNITY EDUCATION

Prevention and Wellness: Each year, the Cancer Committee provides at least one cancer prevention program that is targeted to meet the needs of the community. This program is designed to reduce the incidence of a specific cancer type.

PROGRAM

Fairview Range Health Expo
Smoking Cessation
3D Mammography

PATIENT AND FAMILY SUPPORT SERVICES

Nutrition Counseling
Lymphedema Therapy
Look Good Feel Better
Cancer Support Group
Cancer Education Lending Library

Radiation therapy very close to home

By Christina Brown

Roger Sundberg of Swatara is the kind of guy who likes to know what he's getting into.

"He's a little bit of a control freak," joked his wife Susan, of 53 years.

"I just like to know what's happening," said Roger.

So when Roger was diagnosed with prostate cancer by urologist Dr. Ryan Novak at Grand Itasca in Grand Rapids, he knew he wanted to begin treatment with as much information as possible. He had a strong family history of prostate cancer in his family and had lost a brother to the disease.



"My doctor said if I wanted to get the best treatment, I had to see Dr. Lindholm at Fairview Range," said Roger.

Fairview Range Radiation Therapy Center in Hibbing provides state-of-the-art radiation therapy services for cancer patients.

"Our cancer treatments are complex and precise," said Dr. Paul Lindholm, radiation oncologist at Fairview Range Radiation Therapy Center. "We are able to provide higher doses of radiation to smaller volumes of disease to protect nearby healthy tissue. It's very beneficial for certain cancers like prostate. We're able to do a better job with less side effects and complications."

But as any cancer patient will tell you, equipment is only half of the solution to getting better. The second half is the quality of care you receive.

"Everyone in Hibbing was fantastic," Roger said. "Every time I walked in there, they had smiles on their faces. They treat you like family. They always take time to explain everything and make sure to answer your questions."

Susan said she appreciated how Fairview Range Radiation Therapy Center encouraged family members to be a part of the treatment process.

"They had such an ease at explaining everything," said Susan. "They were so positive. They just have this "up north" friendly attitude."

The Sundbergs said they had been to other hospitals in the Twin Cities in the past, but didn't have the same quality of care.

"They were professional there, but there was just a disconnect. They just didn't have that personal connection."

Roger agreed. "Dr. Lindholm is open and patient with you," said Roger. "You can ask any questions you want. You can talk about stuff other than sickness. It makes a difference."

The Sundbergs live almost equal distance to Duluth as they do to Hibbing, and some friends and family questioned whether he would be better off getting treatment in a bigger city.

"I could have gone to a bigger city, but I trusted my doctor," said Roger. "Then I met Dr. Lindholm and I knew it was the right place. Dr. Lindholm has a wonderful crew. And I'd rather make the drive to Hibbing than drive 10 minutes in the Twin Cities."

Since his diagnosis, Roger has been encouraging others to visit their doctors regularly. "I tell everyone not to put it off. I didn't have any symptoms. Just a routine check-up and a family history. Go to Hibbing. I'm so glad I got the treatment I did when I did. I would do it the same way all over again."

Susan and Roger held hands as they talked about farming their land, running their antique store in Longville, and spending time with their daughters, grandchildren and great-grandchildren.

"I want to be around a lot longer," said Roger.

Prostate Cancer

Prostate cancer is the most commonly diagnosed cancer in men, second to skin cancer. The American Cancer Society estimates that there will be an estimated 220,800 new cases of prostate cancer in the United States in 2015. Approximately one out of five men in the United States will be diagnosed with prostate cancer with most men being over the age of 65 at diagnosis. Although prostate cancer death rates have been declining since the early 1990's, it is estimated that there will be 27,540 deaths in 2015 making prostate cancer the second leading cause of cancer related death in men.

Early prostate cancer often has no symptoms. Once the disease has progressed, men may experience weak or interrupted urine flow, difficulty starting or stopping the flow of urine, inability to urinate, frequent urination, especially at night, pain or burning with urination, or

blood in the urine. It is common for advanced prostate cancer to spread to the bones causing pain in the hips, ribs, spine or other areas. Risk factors for prostate cancer include increasing age, African ancestry, family history, and certain genetic conditions. African American and Caribbean men have the highest incidence of prostate cancer in the world and death rates in this group are more than twice as high as other races/ethnicities.

The American Cancer Society recommends that beginning at age 50, men with an average risk talk to their health care provider about the benefits and limitations of the prostate specific antigen (PSA) screening test for prostate cancer. Men with an increased risk based on family history or race should talk with their health care provider at an earlier age.

Stages of Cancer

The stage of a cancer describes how far it has spread. This is very important because your treatment and the outlook for your recovery depend largely on the stage of your cancer.

There are really two types of staging:

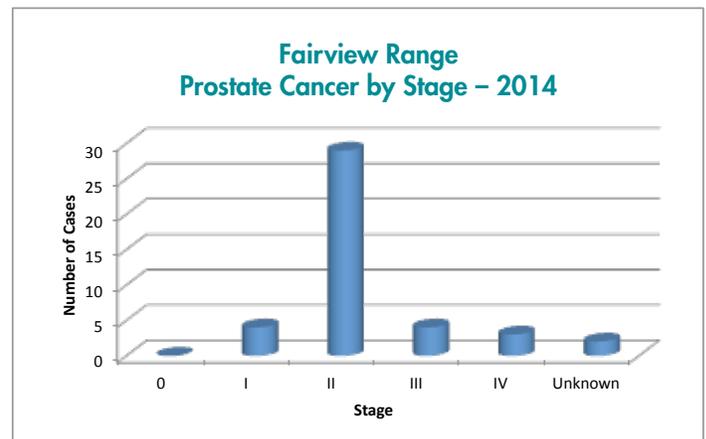
- The **clinical stage** of the cancer is based on the results of the physical exam, biopsies, and tests like CT scans, chest x-rays, and PET scans.
- If you have surgery, your doctor can also assign a **pathologic stage**. It is based on the same factors as the clinical stage plus what is found as a result of the surgery.

In some cases, the clinical and pathologic stages may be different. For instance, during surgery the doctor may find cancer in a place that did not show up on the tests, which might give the cancer a more advanced pathologic stage.

Because most patients with lung cancer do not have surgery, the clinical stage is used most often. The system used to stage non-small cell lung cancer is the AJCC (American Joint Committee on Cancer) system. It is based on three key pieces of information:

- The size of the main tumor and whether it has grown into nearby areas
- Whether the cancer has reached nearby lymph nodes
- Whether the cancer has spread to other parts of the body

Stages are described using Roman numerals from 0 to IV (0 to 4). Some stages are further divided into A and B. As a rule, the lower the number, the less the cancer has spread. A higher number, such as stage IV (4), means a more advanced cancer.



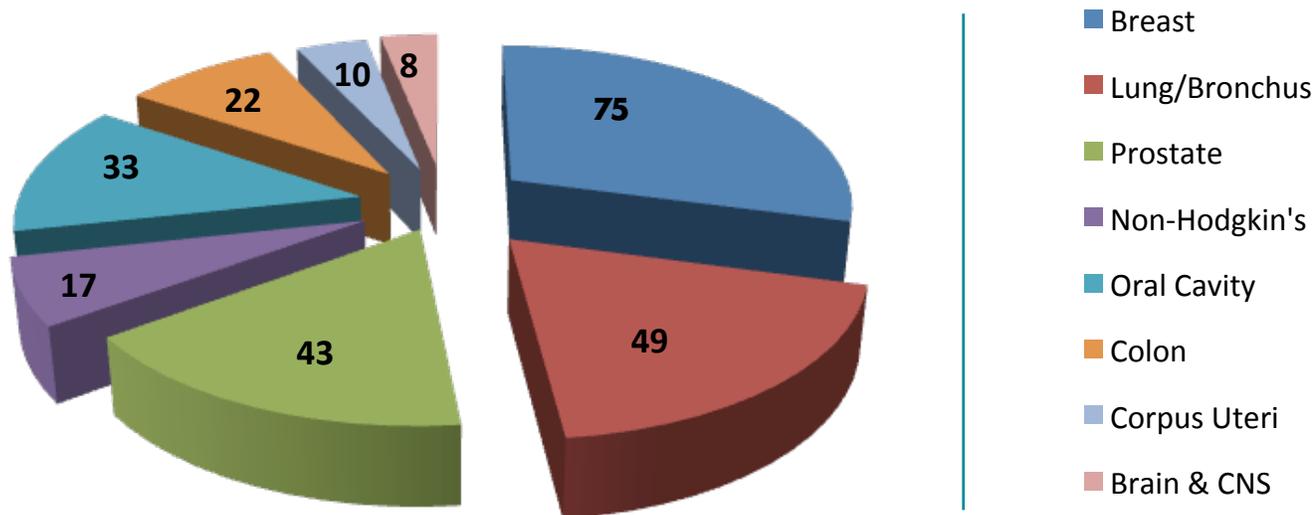
PRIMARY SITE	TOTAL	CLASS		SEX	
		Analytical	Non-analytical	M	F
ALL SITES	299	261	38	135	164
ORAL CAVITY	17	16	1	14	3
LIP	0	0	0	0	0
TONGUE	5	5	0	5	0
OROPHARYNX	1	1	0	1	0
HYPOPHARYNX	0	0	0	0	0
OTHER	11	10	1	8	3
DIGESTIVE SYSTEM	37	34	3	20	17
ESOPHAGUS	5	5	0	3	2
STOMACH	1	1	0	0	1
COLON	8	7	1	4	4
RECTUM	8	7	1	6	2
ANUS/ANAL CANAL	4	4	0	1	3
LIVER	1	0	1	1	0
PANCREAS	6	6	0	4	2
OTHER	4	4	0	1	3
RESPIRATORY SYSTEM	58	51	7	30	28
NASAL/SINUS	1	1	0	1	0
LARYNX	8	8	0	7	1
LUNG/BRONCHUS	49	42	7	22	27
OTHER	0	0	0	0	0
BLOOD & BONE MARROW	9	6	3	4	5
LEUKEMIA	5	4	1	3	2
MULTIPLE MYELOMA	4	2	2	1	3
OTHER	0	0	0	0	0
BONE	0	0	0	0	0
CONNECT/SOFT TISSUE	2	1	1	2	0
SKIN	1	1	0	1	0
MELANOMA	1	1	0	1	0
OTHER	0	0	0	0	0

PRIMARY SITE	TOTAL	CLASS		SEX	
		Analytical	Non-analytical	M	F
BREAST	75	72	3	1	74
FEMALE GENITAL	18	18	0	0	18
CERVIX UTERI	2	2	0	0	2
CORPUS UTERI	10	10	0	0	10
OVARY	4	4	0	0	4
VULVA	2	2	0	0	2
OTHER	0	0	0	0	0
MALE GENITAL	42	27	15	42	0
PROSTATE	42	27	15	42	0
TESTIS	0	0	0	0	0
OTHER	0	0	0	0	0
URINARY SYSTEM	11	9	2	8	3
BLADDER	6	6	0	4	2
KIDNEY/RENAL	5	3	2	4	1
OTHER	0	0	0	0	0
BRAIN & CNS	11	10	1	4	7
BRAIN (BENIGN)	1	1	0	0	1
BRAIN (MALIGNANT)	7	6	1	4	3
OTHER	3	3	0	0	3
ENDOCRINE	3	3	0	1	2
THYROID	3	3	0	1	2
OTHER	0	0	0	0	0
LYMPHATIC SYSTEM	10	8	2	6	4
HODGKIN'S DISEASE	2	2	0	1	1
NON-HODGKIN'S	8	6	2	5	3
UNKNOWN PRIMARY	5	5	0	2	3
OTHER/ILL-DEFINED	0	0	0	0	0

Number of cases excluded: 0

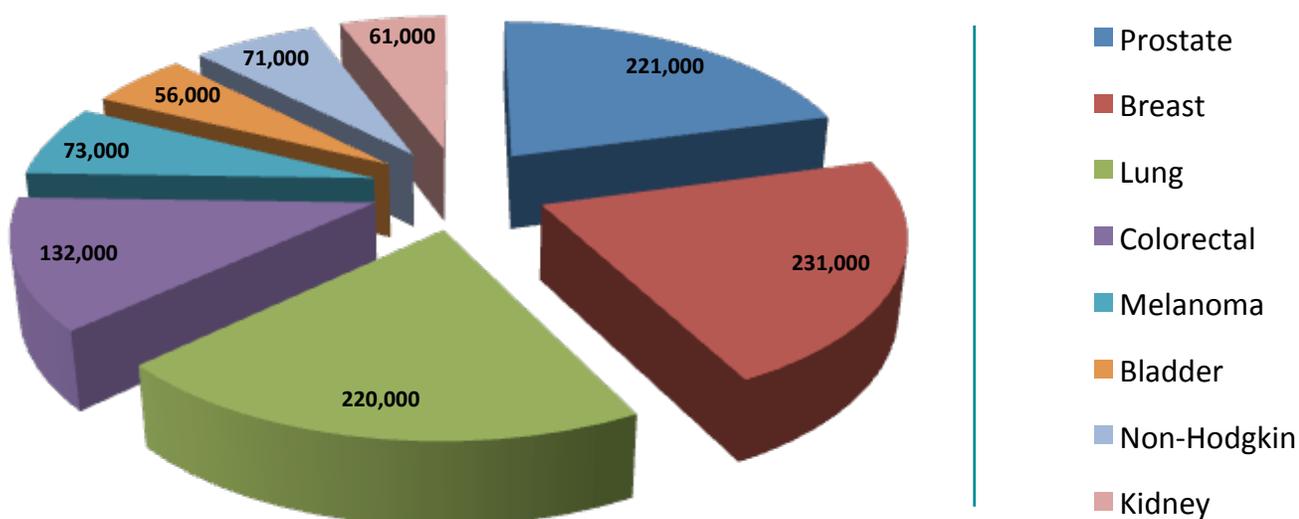
This report EXCLUDES CA in-situ cervix cases, squamous and basal cell skin cases, and intraepithelial neoplasia cases

Top Primary Cancer Sites Diagnosed/Treated - 2014 at Fairview Range Medical Center



The top primary cancers diagnosed and treated at Fairview Range differ slightly from the most commonly diagnosed cancers for the U.S. While there are similarities in the top three; breast, prostate, and lung/bronchus. The next most common cancers diagnosed at Fairview Range include non-Hodgkin's lymphoma, oral cavity, colon, corpus uteri, and brain/CNS. After the top three, in the U.S. it is colorectal, melanoma, bladder, non-Hodgkin's lymphoma, and kidney which are most common. Fairview Range mimics the U.S. with many of the same top primary cancers, but they are in different orders of occurrence.

Most Common Cancers Diagnosed in the United States



American Cancer Society: Cancer Facts and Figures 2015. Atlanta, Ga: American Cancer Society, 2015

Breast cancer in men is rare

By Christina Brown

When Joe Sailer of Gilbert first discovered a lump on his chest last August he didn't think it would be a big deal.

"I knew that lump wasn't supposed to be there, but I figured I would just wait until after hunting season to get it checked," said Sailer. "I'm glad I didn't wait."

His wife, April convinced him to see family physician Dr. Teresa St. George at Fairview Mesaba Clinic in Mountain Iron. Dr. St. George was concerned and had surgeon Dr. Sandra Hanson, who happened to be at the clinic at the time, to take a look.

A biopsy done by Dr. Hanson just a few days later revealed that the pea-sized lump was invasive ductal carcinoma. Joe had breast cancer.

"We were shocked," April said. "He didn't meet the profile at all."

Male breast cancer is rare. According to the American Cancer Society only one percent of all breast cancer cases occur in men. Those men diagnosed with breast cancer are typically in their 50s and 60s.

Joe, an active outdoorsman and father of two boys, is only 35.

"I didn't have any other symptoms," said Joe. "I'm never sick. I hardly ever go to the doctor. When I told the guys I work with at Hibbing Taconite, they thought I was messing with them. I had to tell them it was for real." Coincidentally, Joe's employer was in the midst of a huge breast cancer awareness campaign that centered around a pink truck box on a 240-ton production truck. The truck is still in operation at Hibbing Taconite and is being used to raise awareness about the very disease that is now affecting one of their own.

Joe worked with doctors at Fairview Range in Hibbing and at the University of Minnesota Medical Center in Minneapolis to craft a treatment plan. In November, he had surgery to remove the lump and some of his lymph nodes. He said he chose to do the surgery at Fairview Range in Hibbing because it was closer to home and because he was comfortable with Dr. Hanson.

"I trust Dr. Hanson or I wouldn't have done it here," Joe



Joe and April Sailer and sons.

said. "She's so smart. If I had questions she would text back and forth with me. She's good at communicating with us. She's been very supportive and checks in on me on chemo days. Dr. Hanson just took me under her wing."

Surgery day was nerve-wracking for the Sailers, but the doctors, nurses and staff helped put them at ease.

"Once I got here, they really got the ball rolling," said Joe. "Everyone was very good and the surgery went well."

"The whole team was great," April said. "Dr. Hanson came and talked to me as soon as Joe was out of surgery. Everyone took good care of us."

The quality care the Sailers received during surgery has continued as Joe undergoes chemotherapy at Fairview Range.

"The whole team has been fantastic," said April. "From the doctors to the nurses to the whole chemo staff, it's like a family. Everyone works so well together and is so personable. For what we're going through, it's been a great experience."

In the meantime, Joe continues to take each day as it comes and tries to stay active.

"I'm not a guy who likes to sit around," Joe said. "I love to be out in the woods. I love to fish. I push myself for my kids. I'm looking forward to going back to work."



Announcing a new dimension in early detection at Fairview Range.

New three-dimensional mammograms detect more than 40% more invasive breast cancers.

Early detection of breast cancer increases the five-year survival rate to almost 100 percent. Fairview's new three-dimensional mammograms increase detection and reduce false positives by 40 percent without any more discomfort than a traditional two-dimensional mammogram. Call **888-870-8626** to schedule an appointment.

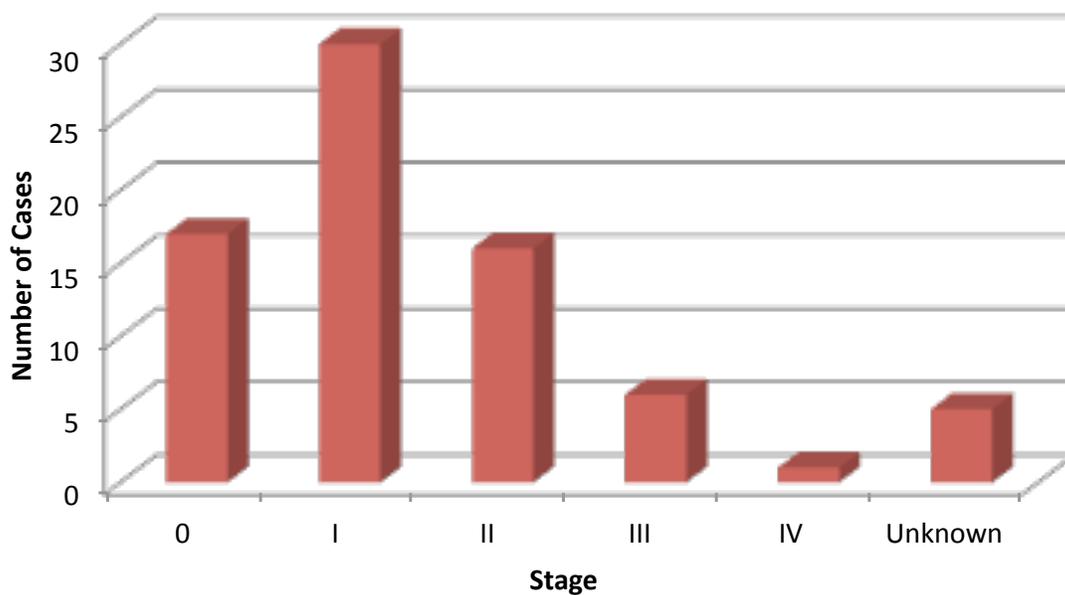
Fairview Range Breast Center

750 East 34th Street, Hibbing Appointments: 888-870-8626

www.range.fairview.org

 **FAIRVIEW
RANGE MEDICAL CENTER**

Fairview Range Breast Cancer Cases – 2014



Important Contact Information

BREAST CENTER

Fairview Range Medical Center

750 E. 34th Street
Hibbing, MN 55746
218.362.6378
888.870.8626

CANCER SUPPORT GROUP

Radiation Therapy Center

750 E. 34th Street
Hibbing, MN 55746
218.362.6784

CHEMOTHERAPY SERVICES

Fairview Mesaba Clinics - Hibbing

3605 Mayfair Ave
Hibbing, MN 55746
218.362.6945
888.353.3441

DIAGNOSTIC IMAGING SERVICES

Fairview Range Medical Center

750 E. 34th Street
Hibbing, MN 55746
218.262.4881
888.870.8626

HOSPICE SERVICES

Fairview Range Home Care and Hospice Mesabi Mall

1101 E. 37th St., Suite 27
Hibbing, MN 55746
218.262.6982
877.272.6982

MEDICAL ONCOLOGY CARE COORDINATOR

Fairview Mesaba Clinics - Hibbing

3605 Mayfair Ave
Hibbing, MN 55746
218.362.6628
888.870.8626

MEDICAL ONCOLOGY & HEMATOLOGY

Fairview Mesaba Clinics - Hibbing

3605 Mayfair Ave
Hibbing, MN 55746
218.262.3441
888.353.3441

NUTRITION SERVICES

Fairview Range Medical Center

750 E. 34th Street
Hibbing, MN 55746
218.262.4881
888.870.8626

ONCOLOGY NAVIGATOR

Fairview Mesaba Clinics - Hibbing

3605 Mayfair Ave
Hibbing, MN 55746
218.362.6898
888.870.8626

RADIATION ONCOLOGY

Fairview Range Medical Center

750 E. 34th Street
Hibbing, MN 55746
218.362.6784
888.870.8626

REHABILITATION THERAPY SERVICES

Fairview Range Medical Center

750 E. 34th Street
Hibbing, MN 55746
218.362.6605
888.870.8626

SURGICAL SERVICES

Fairview Range Medical Center

750 E. 34th Street
Hibbing, MN 55746
218.262.4881
888.870.8626

PALLIATIVE CARE

Fairview Range Home Care and Hospice Mesabi Mall

1101 E. 37th St., Suite 27
Hibbing, MN 55746
218.262.6982
877.272.6982

Our Vision

Fairview is driving a healthier future.

Our Mission

Fairview is driven to heal, discover, and educate for longer, healthier lives.

 **FAIRVIEW**
RANGE MEDICAL CENTER

750 East 34th Street | Hibbing, MN 55746
888-870-8626 | www.range.fairview.org